

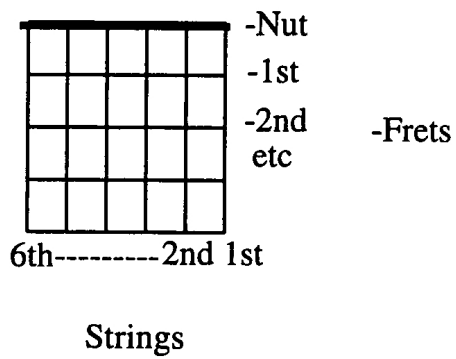
Left Hand Fingers

- ① - 1st Finger
- ② - 2nd Finger
- ③ - 3rd Finger
- ④ - 4th Finger

Right Hand Fingers

- i - index
- m - middle
- p - thumb

Fretboard Diagram



▮ - Down Stroke(With a flat pick)


▾ - Up Stroke

Rhythm

 = Whole Note = 4 beats

 = Half Note = 2 beats

 = Quarter Note = 1 beat

 = Eighth Notes = 2
sounds per beat (1/2
beat each)

First Exercises

1) Walking Fingers

I Like Gui-tar Mu-sic

i m i m i m



2) Pick Time

I Like Gui-tar Mu-sic

∩ ∩ ∩ ∨ ∩ ∨



3)String Changing

∩ ∨ ∩ ∨ or

i m i m

① ① ① ① ② ② ② ② ③ ③ ③ ③ → ⑥ ⑥ ⑥ ⑥ → ① etc.

4) Backwards Centipede

∩ ∨ ∩ ∨ or

i m i m

4 3 2 1 4 3 2 1 4 3 2 1 ...

5) Forwards Centipede

∩ ∨ ∩ ∨ or

i m i m

1 2 3 4 1 2 3 4 1 2 3 4 ...

6) Open String

01 02 03 04 03 02 01